WEDNESDAY, MAY 18, 2016-

LET US "EDUTAIN" YOU - with Pat Perry and her newest program 'THE GREAT AMERICAN SONGBOOK". Many of us already know Pat since she has done at least three other presentations in Oakham, all of which were great successes. She joined us for our first May Day tea at the Back Door Café and taught us the ins and outs of a proper high tea, which is served at a low table. She also did a super presentation of "Under the Petty Coats" explaining the habits and dress of the colonial era. Two years ago many enjoyed her at the "Christmas at the White House through the Decades" program.

We are indeed fortunate to be able to sponsor her one more time at the Café for her new "The Great American Songbook". We felt that this would be an appropriate time to enjoy this program since we will be amidst a patriotic time as noted in the calendar. In April we had Patriots' Day and Earth Day. In May we observe Armed Forces Day and Memorial Day. June gives us flag Day and July, of course, celebrates our independence and remembers the beginning the of the First World War and August completes this time with the

VJ Day, the end of World War II with surrender of Japan.

So, just what is this **Great American Songbook**? It is a compilation of songs from the time of George Washington up to the 1950s created by Pat for us to enjoy. What songs are included? We don't know. She wouldn't tell us. She prefers to have surprises and to have tunes for us to try to recognize and to name. This is a VERY interactive program that follows American music from the colonial years until post WWII. Tap your toes to George Washington's favorite tunes or join in a chorus of "It's a Long Way to Tipperary", songs many of us know or have at least heard. Sounds like fun! Hope many of you will attend.

Pat will begin her show at 11:00 a.m. on May 18. Immediately following her presentation the COA will sponsor a nice light lunch for everyone. We anticipate that we will be meeting at the church so that we will have enough room and lunch will be served in Fellowship Hall. Reservations must be made on or before May 16

This program is sponsored in part by the Oakham Cultural Council, a local agency funded by the Mass. Cultural Council, a state agency. (see flyer)

OTHER MAY DATES OF NOTE:

MAY 10 - In April we sponsored a very different lunch on the 19th, called a Baked Potato Bar where everyone was given an extra- large delicious baked potato and offered a variety of toppings with which to experiment. Chili, 3 bean salad and salsa were also a part of the meal. We had great participation at this event.

As we know here at the Café, one of the most popular lunches is their hot dog. Everyone really seems to enjoy them. So, since the Baked Potato Bar was very popular, we polled the guests as to what they would think of us offering a Hot Dog Bar. The response was overwhelmingly positive therefore, we have decided to offer this lunch special on Tuesday, May 10. Along with the hot dog there will be baked beans, salad, sauerkraut, salsa, chili, cheese, relish, mustard, diced onions and more that may be put on the wiener. It also comes with a special dessert. Come and enjoy this lunch with us. (see the flyer) Reservations must be made by calling Jan on or before May 5 at 508-882-5251.

MAY 12- MOTHER'S DAY MEAL -

the menus will include stuffed chicken, sour cream and chive potatoes, peas and carrots, French bread and chocolate Mousse for dessert. Reservations needed by May 3. Call Jan now.

MAY 26 – BIRTHDAY LUNCH: We

will be celebrating all those who have May birthdays. The lunch menu will consist of Meatloaf and gravy, Garlic mashed potatoes, summer blend vegetables, whole wheat bread and cake and ice cream for dessert. So, if you are celebrating a May birthday, make your reservations on or before May 24.

We will be wishing each of the following a Happy Birthday:

Susan Walsh, Gladys Bowker, Collette Johnson, Vincent Piuci, Sjirley B., George Fontaine, Ann Dean, Richard Dickman, Virginia Brodmerkle. Ron Wolanin, James Morse, Eva Grimes, Robert Mann, Janet Paradis, Greg Spinney, Bea Palano, Catherine Kennedy, Marilyn Brank, Clare Hendra, Joanne Gray, Jill Heard, Dan Lizotte, Ron Wilkins, George Paradis, Martha Volchok, Ken Johnson, Anne Pelletier, Millicent Lindquist, Alan Barthelmes, Arthur Nolan, David Hey, John Hardiman, Charl Van Schoik, Charles Peterson and John Recko.

We hope you will all have a day full of happy memories.

MAY 30 – MEMORIAL DAY – Even though we are closed on this day, we will all be at the town Common to remember those who fought and died for us and our freedoms.

IN SYMPATHY:

On this Memorial Day we will also be remembering the following who have passed away since our last newsletter. We extend our sincere sympathies to the families of:

Robert (Bob) Whyte, Sr of Spencer Rd. Bob was a very friendly and outgoing gentleman who loved animals, was an avid outdoorsman, enjoyed reading and watching westerns. He was proud of his service in the U.S. Navy during the Korean Conflict. He leaves

his wife Carrie, son Bob Jr. and brother John, all of Oakham, one daughter and 3 sisters.

John Edwards of Niskayuna, NY – died in April 4 at the age of 90 yrs. John was born in Oakham and graduated from the Barre High School. He was a career military officer retiring in 1992 with the rank of Colonel. During his distinguished service he received 40 decorations and awards, American and foreign, including the Legion of Merit. He served in WWII, Korean Conflict and Viet Nam. He was shot down on his 24th mission over Germany and was a POW until 1945. He will be buried in Arlington National Ceremony. John always kept in touch with Oakham by receiving our newsletter "The Oakham Herald" every month.

Evelyn Donohue of Adams Rd.: Evelyn moved to Oakham in 1969 with her husband, Joe, who died in 1970. She served as Executive Administrative Assistant to Judge Gould of Worcester and the Worcester County Courthouse. She retired from the Hamden Count courthouse in 1994. While working in Worcester she was honored by the Worcester Telegram and Gazette for being one of the Best Dressed Business Women in the Worcester Area. Evelyn died on April 10 at the age of 89 yrs. She leaves a son John of Auburn and a daughter Susan, formerly of Oakham, six grandchildren, 16 greatgrandchildren and Meeko, her beloved German Shepherd now residing on Adams Rd, Oakham.

Elaine Ebert of Old Schoolhouse Rd: Elaine was a lovely lady, friendly to everyone she met. Her family was the focus of her life. She also served as a

teacher's aide working with special needs students. She was employed by Norton Co. for 19 yrs. before retiring. She leaves her husband Charles, 3 children and 8 grandchildren.

MAY 1, 15, 22, 29 – CARDS 2;00 p.m. – refreshments served around 4:00 p.m. All players welcome. Not a player, but want to learn. We will teach!

MAY 2, 9, 16, 23 - Easy Chair Exercises – 10:30 a.m. Everybody welcome. \$2 per person

MAY 3 and 17 – BINGO – 12:20 p.m.

MAY 13 and 20 – TRIVIAL PURSUIT 10:30 a.m. Like Jeopardy? Come and try Trivial Pursuit with us.

MAY 3,5,10,12,17,19, 24, and 26 – ADULT COLORING - Really?. Yes, we have it here. Drop in any Tuesday or Thursday morning. We have all the materials necessary. Come color and reduce stress. Coloring can zap away anxiety. It activates portions of the parietal lobe, the same area of the brain connected to spirituality and one that tends to be active during meditation and prayer. (per the Readers Digest)

Be transported back to the simple joys of childhood by coloring pretty designs. It's fun and does not require any particular skill. It gives you the chance for a quiet pause in the day. It reawakens the creativity that is in all of us. When feeling stressed, there is nothing like losing yourself in choosing colors and filling in forms. There are no rules. You will gradually feel calmer and then completely absorbed in what you are doing, shutting out the distractions o the world.

OAKHAM COUNCIL ON AGING 2 COLDBROOK ROAD #6 OAKHAM, MA 01068

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ART DISPLAY

The Post Office has asked for some samples of our coloring to make a display and decorate the entry hall. We have a few now ready to go, but would like a few more for the display. Please consider helping us out. When you have finished a design, please give to Lucy and she will include it with the others. Thank you.

JUNE 1, 2016

This is always an important time of the year at the Café. This is the time we bid farewell to some of our student helpers from Project Create of the Oakham Center School. These children have done a great job

working at the Café and serving lunches. It is an excellent program that gives these children a good feeling of accomplishment. On June 1 we will hold our annual picnic with these students and wish them all a great summer and good luck to those going on to the Middle School. The students do the shopping and make the sandwiches and brown bag lunches for everyone. We hope that all those who ever attended the Café this year will come and enjoy their last day this vear with us. It means a lot to them to see us there. We are hoping to have a surprise - if possible, a drug sniffing dog from the Sheriff's Dep't. will make an appearance and demonstrate his skill. Please reserve on or before Please give this May 25, 2016. thoughtful consideration. It's for the kids.