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NOVEMBER: a month of two special American holidays, each of which deserves our attention.

First, on November 11 we have the opportunity to consider how fortunate we are as a nation to be able to enjoy such freedoms that many in the world cannot even envision. We owe these freedoms to the men and women who have honorably served our country in dire circumstances in order to keep our way of life alive. This is the day that we should all remember to fly our flag proudly, to remember the sacrifices made by our veterans and to express our appreciation to them whenever possible. We must also keep in mind that this work is never done. We must be forever vigilant in order to preserve these hard won freedoms.

To all of Oakham's veterans, thank you for your service to us and to our country. Thank you for a job well done.

TO THE HONOR OF OUR VETERANS

It is the veteran, not the preacher Who has given us freedom of religion.

It is the veteran, not the reporter Who has given us freedom of the press.

It is the veteran, not the poet Who has given us freedom of speech.

It is the veteran, not the campus organizers
Who have given us the right to assemble.

It is the veteran, not the lawyer Who has given us the right of a fair trial.

It is the veteran, not the politician Who has given us the right to vote.

It is the veteran who salutes the flag. It is the veteran who serves under the flag.

Let Perpetual Light Shine Upon Them

(Clarissa Kingland)

VETERAN' DAY REMEMBRANCE

The Oakham Center School is sponsoring a Veteran's Day remembrance on Tuesday, November 10 at 8:45 a.m. All veterans are most cordially invited to attend. Please call the school at 508-882-3392 by November 6 if you would like to participate.

THANKSGIVING

In November we also have an opportunity to reflect upon our many privileges, to be grateful for them and to remember to cherish each of them on Thanksgiving Day.

We wish all of our readers a most Happy Thanksgiving. We hope that each of you will be able to gather with family and friends, to experience and to enjoy the many gifts that we have received as Americans.

THANKSGIVING TURKEY LUNCH AT CHARLIE'S:

We have a couple of openings remaining as of this printing. Why not come and enjoy a pre-Thanksgiving lunch with your friends and neighbors. You may even meet some new friends. We will meet at Charlie's at 11:30 a.m. If anyone needs a ride, please call Lucy. The cost for this complete turkey is only \$5. The COA will pick up the remainder of the bill as well as the dessert.

THANKSGIVING AT THE BACK DOOR CAFÉ:

The annual Thanksgiving lunch at the Back Door café will be held on Tuesday, November 24, 2015 at 11:45 a.m. If you could not make it to Charlie's this is another opportunity to wish your neighbors a Happy

Holiday Season. The menu will include sliced roast turkey, stuffing, cranberry sauce, vegetables and a delicious dessert. This is also, as chance would have it, the same day as the November birthday celebration, just another reason to join us.

NOVEMBER BIRTHDAY CELEBRATION:

All those who celebrate a November birthday are most cordially invited to join us for a complimentary lunch at the Back Door Café on Tuesday, November 24, 2015 at 11:45 a.m. Please make reservations on or before November 20. This is also the same day of our Thanksgiving lunch — an excellent menu for this day.

THOSE CELEBRATING A BIRTHDAY THIS MONTH INCLUDE:

Robert Hahn, Ken Whitman, Bettyanne Parsons. William Johnson, **Patricia** Kozberg, Walter and Nancy Carroll, Claudia Lacerte, Donna Happy, James Cameron, Ray Nahkala, Bob Hallberg, Daniel Lake. Tom Murphy, Osborne, John Sokol, Bettvanne Tortora, Fayton, Don Jodray, **Joseph** Jim Beauregard, Shirley Green, Mike Russ, Lee Lajoie, John Bohdiewicz, Neal Novak, John Austin, Ernie Nichols, Richard Qualters, Sally Jameson, Norman Young, Joan Kimball, Ed Pease, Raymond Savignac, Kathleen Van Schoick, Judy McCaffrey, Judith Menard, Tim Lyden, AnnMarie Creed, and James Szafarowicz.

Happy Birthday and Best Wishes to all of you. And, Happy Thanksgiving, too.

A VERY SPECIAL BIRTHDAY:

It is happening again. Two months in a row. Catherine Grinke of 161 Gaffnev Rd. is celebrating her 100th Birthday on Saturday, November 14. We will be celebrating her special birthday at the Back Door Café on Tuesday, November 17 at 11:45 a.m. Since Catherine is a regular supporter of the Café and has met many people there and has many friends, we are hoping that anyone who has ever attended an event at the Café or of the COA will attend to make her birthday even more special. Everyone who knows her and her family, Paul and Diane Rochette are invited to join us.

We would like to ask that everyone reading this "Herald" send her a birthday day at the above address. Thank you for your help in making this a very happy surprise. Please make reservations on or before November 13, 2015 by calling Jan at 508-882-5251.

ANOTHER NOTABLE BIRTHDAY IN NOVEMBER IS:

NOVEMBER 1 – Robert Hahn of East Hill Road is celebrating his 99th birthday this year. We all wish him all kinds of wonderful things for his birthday and through the year to come. A very happy birthday and may it be one of the nicest you has ever had, Mr. Hahn!! From all of your friends at the Back Door Café.

ANNUAL FALL FAIR:

The annual FALL FAIR will be held at the Oakham Congregational Church on Saturday, November 21, 2015 beginning at 9a.m. There will many crafter, raffle prizes,

holiday gifts, homebaked goods, lunch and much more. Come and shop.

NOVEMBER CALENDAR: November 1 – Bob Hahn's 99th birthday

EXERCISE- November 2, 9, 16, and 23

BINGO: November 3 and 17

November 4 – Special Town Meeting at school 7p.m. Reserve by Nov. 6

November 11 – Veteran's Day

NOVEMBER 14 – Catherine Grinke's 100th **birthday**

November 18 – Charlie's Thanksgiving Lunch 11:30 a.m.

TRIVIAL PURSUIT: Nov 20

CARDS: November 1,8,15 and 22 2:00p.m

Fall Fair – Church – November 21 9a.m. – 2:30 p.m.

NOVEMBER BIRTHDAY LUNCH: Nov 24 11:45 a.m. Back Door Café

THANKSGIVING LUNCH – Nov 24, 11:45 a.m. Back Door Café 1:45 a.m.

THANKSGIVING: Nov 26 – CLOSED

NOV 27 – CLOSED

HAVE A HAPPY AND HEALTHY THANKSGIVING FROM YOUR FRIENDS IN THE COA:

Pauline, Linda and Ann. COA Alternates: Tammy, Meg and Jane.

OAKHAM COUNCIL ON AGING 2 COLDBROOK RD. #6 OAKHAM, MA 01068

The printing of this newsletter is partially funded by the Executive Office of Elder Affairs

CHRISTMAS

It is coming fast, but we are ready. We have planned a special celebration at the Back Door Café on either December 22 (also, the first day of winter) beginning at 11:15 a.m. There will hors d'oeuvres and activities until 11:45 a.m. when lunch will be served. The menu will be a lovely ham lunch and a special dessert for the holiday. There will be many prizes to be won and a good time to be had. Please keep this date open and mark your calendars now. We will not do a gift swap this year. So relax and come and enjoy. This will be a good opportunity to wish your friends and neighbors a Merry Christmas and Happy New Year. We hope to see you there.

HOLIDAY NEWS JUST IN:

All seniors have been invited to attend a delicious holiday lunch at the Oakham Center School on Wednesday, December 16, 2015 at 12:30 p.m. Please call your reservations in to the Back Door Cafe on or before December 11, 2015 at 508-882-5251.

FLU SEASON HAS ARRIVED:

Be sure to get your flu shots soon. Cases have already been diagnosed in Mass. And N.H. Be safe. Be sure to ask about the Fluzone High Dose for seniors over 65 yrs. of age. Check with your doctor. Also, a pneumonia shot is also a good idea. There is a new and stronger vaccine available this year which protects against. several pneumonia germs. If at any time you feel you have a cold or flu, we ask that you do not come to the Sr. Center and spread it.