



THE  
**OAKHAM**  
**HERALD**

Number 8

SEPTEMBER 2016

Back Door Cafe  
Closed Wed.  
508-882-5251

**Published by the Oakham Council on Aging  
Mission Statement**

It is the mission of the Senior Center Council on Aging to identify the total needs of the community's Senior Citizens, to link services to those needs and to improve the quality of life of our seniors by providing an active outreach program, providing intergenerational opportunities, opportunities for community involvement, and providing services as needed.

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**A THOUGHT FOR THE DAY:**

**AGE IS NOT LOST YOUTH BUT A  
NEW STAGE OF OPPORTUNITY  
AND STRENGTH. AFTER ALL,  
LIFE DEPENDS ON  
OPPORTUNITY.**

**FUTURE OPPORTUNITIES  
THROUGH THE SENIOR CENTER:**

The pen pal program will continue again this year. Those adults who have kindly offered to communicate with the fourth graders at the Oakham School should be hearing from the students around October-November. A big thank you to all who have volunteered.

This year, once Jane has received the letters from the students, she will notify the adults by phone and then will leave them at the Back Door Café for pick up. The responses will also be left at the Café when completed. Questions? Call Jane at 508-882-0040.

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**ANNUAL CHICKEN BBQ:**

The Oakham Police Department is sponsoring a chicken BBQ open to all seniors. It will be held on Saturday, September 17, 2016 in the pavilion of the Lake Dean Campground at 12 noon. Reservations are required and can be made by calling 508-882-5251 or 508-882-3358. The **deadline** to reserve is **September 8, 2016** at 12:30 p.m. So please, call as soon as possible and then mark your calendars. Hope to see you all there!

**SEPTEMBER BIRTHDAYS:**

All those celebrating a September birthday will be welcomed at the Back Door Café and invited to join us for a complimentary lunch on Thursday, September 22, 2016 at 11:45 a.m. The menu is one of our favorites- macaroni and cheese with tomatoes, green beans bread, milk, and, of course, cake with ice cream. After lunch, we will hold the birthday raffle and 3 attendance raffles.

Reservations are necessary and should be made on or before September 21, 2016 by calling Jan at 508-882-5251.

A most Happy Birthday wish goes to each of the following:

Marion Eames, Marsha Holm, Karen Kilday-Harper, Ed Schuster, Frank Packard, Jason Goodrow, Richard Clark, Deborah Williams, Elizabeth Sansoucy, Mary Warbasse, Jordan Dean, Kurt Brierly, Lynda Schuyler, Ernest Jolin, Earlene Lajoie, Linda Barringer, Marcia Casault, Karen delaGorgendiere, Denise Packard, Don Apholt, Janet Janaitis, Michael Johnston, Barbara Laborde and Sheryl Moulton.

Hope you all can come☺!

#### **STATE PRIMARY ELECTION:**

Come vote on Thursday, September 8, 2016 between 7:00 a.m. and 8:00 p.m. for the state primary. At this election you must choose whether you wish to have a Republican ballot or Democratic ballot. If you are a register Republican, you must take a Republican ballot. If you are registered as a Democrat, you must take a Democratic ballot. If you are registered as unenrolled, you may choose the ballot you wish to vote.

Why not vote and stay for lunch at the Back Door Café at 11:45 a.m.; or, why not come for lunch at 11:45 and then vote? The menu for the day is Turkey pot pie, mashed potatoes, capri vegetables and peaches for dessert. Call in your lunch reservations on or before September 6, 2016 at 508-882-5251.

#### **BACK BY POPULAR DEMAND – BAKED POTATO BAR AT THE BACK DOOR CAFÉ.**

**On Tuesday, October 18, 2016 the Back Door Café is offering the very well received Baked Potato Bar lunch. Each person will be served one quite large and delicious baked potato with a buffet of toppings from which they can choose: melted cheese, bacon bits, hot peppers, sour cream, butter, chili, salsa, grated cheese, salad and more.**

If you missed it the last time it was offered, mark your calendars now and sign up with Jan at 508-882-5251 by October 11. Don't miss it this time.

#### **HALLOWEEN THEMED PENNY BINGO AND PIZZA PARTY (no costumes): Wednesday, October 26, 2016 10:30 a.m.**

Join us for a fun time of penny bingo followed by a pizza party and a special fall dessert. Wear orange and black, colors of the season, and all of your Halloween accessories to commemorate the holiday. Prizes awarded for best use of color and best Halloween theme.

Reservations are needed, so call 508-882-5251 by October 24 to play and eat. When signing up, be sure to let us know what your favorite type of pizza is and we will try to get it for you.

#### **VETERANS' DAY REMEMBRANCE: WEDNESDAY, NOVEMBER 9, 2016 AT THE CHURCH.**

## **ANNUAL \$5 PRE-THANKSGIVING LUNCH:**

We will be sponsoring our popular \$5.00 Thanksgiving turkey lunch at Charlie's restaurant in Spencer on Wednesday, November 16, 2016 at 11:30 a.m. Reservations are necessary. Call 508-882-5251.

## **NOVEMBER 8, 2016 ELECTION**

Be sure to vote in the presidential election. If you are not a registered voter in town, there is still plenty of time to sign up at the clerk's office.

## **COUNCIL ON AGING BAKE SALE:**

The COA is sponsoring a bake sale on Election Day, November 8 and we need your help. The bake sale begins at 7:00 a.m. for the early bird voters and runs throughout the day until we sell out of food. We do hope that many of you will be willing to bake your favorite item(s). We know that we have wonderful cooks in Oakham!. Please share your talents and help us be successful at the bake sale. All proceeds support the educational programs, informational special events that are offered to seniors in Oakham.

## **YOUR THOUGHTS ARE NEEDED:**

We have a few new ideas and would like to know your opinions, pro or con. Would you be interested in attending any of the following:

1. A special trip to the Christmas Tree Shops and/or Northboro Crossing for holiday shopping? We would travel as a group via

the Elderbus. The fee would be \$5 due at sign up time and returned to you when you board the bus. You would be responsible for your lunch. As of this time, we are looking at December 7 for a date. We can take 8 passengers per bus and a sign-up sheet must be presented to the bus company several days before going. Please let us know whether you would like to go. 508-882-5251 or 508-882-3358.

2. Would you be interested in attending a holiday workshop at the Bemis Farms Nursery on December 14? Make your own wreath project or one of the other classes they offer? Let us know what you would prefer. 508-882-5251 or 508-882-3358.
3. Would you like to take a relaxing break and attend a Splashfest at the Paxton Sport Spa in Paxton. We would be willing to reserve their salt water pool. There would be time for general swimming and time to experience a water aerobic exercise; it's fun and good for you. Showers and dressing rooms available. Let us know. 508-882-3358 or 508-882-5251.

## **IN SYMPATHY**

We were saddened to learn of the passing of Calvin Stewart and send our most sincere sympathies to his wife Joan and daughter Cynthia Helfenbein. Calvin held several positions in town during his life and also supported our programs. We remember how kind he was as a member of our pen pal program even though he was not well at the time. He is missed.

OAKHAM COUNCIL ON AGING  
2 COLDBROOK RD. #6  
OAKHAM, MA 01068

The printing of this newsletter is sponsored by the Executive Office of Elder Affairs.

**OAKHAM HISTORICAL ASSOCIATION**

On Saturday, October 1, 2016 at 2:00 p.m. the Oakham Historical Association is participating in Massachusetts Archaeology Month by sponsoring a HANDS-ON presentation conducted by Kevin Quackenbush, an active member of the Mass. Archeological Society. He will showcase dozens of Native American artifacts found in southern New England, allowing those present an opportunity to handle and examine stone artifacts that date back thousands of years. Come and bring your grandchildren to the Lake Dean Pavilion on N. Brookfield Rd, Oakham for this interesting presentation. It's free and

open to the public. Info? Call 508-882-5293.

**HARVEST BUFFET AND DANCE  
QUAIL HOLLOW COUNTRY  
CLUB, OCTOBER 15, 2016.**

To benefit the Oakham Historical Museum Building Fund, join us for an evening of dining and dancing and help us build a home for our oversized collections.

Tickets: \$35 per person  
Time: 5p.m.-10p.m.  
Dinner: Buffet 5:30p.m.-7:00 p.m.  
Dancing: 7:00p.m.-10p.m. with music by DJ George Paradis  
Info: Kathy Young 508-882-3137